

- Carers Support West Sussex - <https://www.carerssupport.org.uk> -

## Mid Sussex Business Directory

Posted By *Laura Bird* On February 17, 2020 @ 12:51 pm In | [Comments Disabled](#)

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Name	Address	Telephone	Website	Offering
Food and Drink				
The Dorset Arms	58 High Street, East Grinstead, RH19 3DE	01342 316363	<a href="#">The Dorset Arms</a>	20% discount on food
Hair and Beauty				
Headmasters the Barbers	10 Cyprus Road, Burgess Hill, West Sussex, RH15 8DX	01444 232360	<a href="http://headmastersthebarbers.co.uk">headmastersthebarbers.co.uk</a>	10% discount
Cinderella Salon	East Grinstead based salon. Also offer home visits. Contact for details	07887 713833	<a href="http://cinderellasalon.co.uk">cinderellasalon.co.uk</a>	10% discount on treatments
7th Heaven Salon	12 King Street East Grinstead West Sussex RH19 3DJ	01342 313535	<a href="http://7th-heaven.info">7th-heaven.info</a>	10% discount on treatments.
Beauty in Spires	The Copthorne Hotel LGW, Copthorne Way, Copthorne, West Sussex, RH10 3PG	01343 716925	<a href="http://beautyinspires.co.uk">beautyinspires.co.uk</a>	10% off all services with either Holly or Bethany
Spires Hairdressers	1 Church Lane, East Grinstead, West Sussex, RH19 3AZ	01342 324485	<a href="http://spireshairdressing.net/">spireshairdressing.net/</a>	10% off all services with either Holly or Bethany
Health and Wellbeing				

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Simon Casciano, Mind, Body, Acupuncture	Mobile visits Forest row, Mid Sussex	7816113967	<a href="http://mindbodyacupuncture.co.uk">mindbodyacupuncture.co.uk</a>	First Consultation & Treatment only £15 Follow up treatments at 70% my full fee.
Ingenius Massage	Burgess Hill	07990 595745	<a href="http://ingeniusmassage.co.uk">ingeniusmassage.co.uk</a>	20% discount on treatments. Only accepting bookings for Fridays.
PingPingBowen Sussex Bowen Therapy Acupuncture	Boltro Road, Haywards Heath, RH16 1BF	07507 288882	<a href="http://pingtsim.wordpress.com">pingtsim.wordpress.com</a>	10% off first 3 Bowen treatments
Christine MacFie Therapy -	Based at the Triangle, Burgess Hill and central Haywards Heath. Contact to make an appointment.	07590 368128	<a href="http://acupuncture-therapy.com/">acupuncture-therapy.com/</a>	For acupuncture (Triangle and Haywards Heath) £35.00 and £30.00 for first and follow-up consultations and treatments respectively (Full prices £45.00 and £40.00). For Indian Head Massage (Haywards Heath only) £30.00 and £27.00 for first and follow-up

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				<p>consultations and treatments respectively (Full prices £40.00 and £36.00)</p> <p>For acupuncture (Triangle and Haywards Heath) £35.00 and £30.00 for first and follow-up consultations and treatments respectively (Full prices £45.00 and £40.00).</p> <p>For Indian Head Massage (Haywards Heath only) £30.00 and £27.00 for first and follow-up consultations and treatments respectively (Full prices £40.00 and £36.00)</p>

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Nimbus Clinics	91 Church Walk, Burgess Hill, West Sussex, RH15 9BQ	01444 812888	<a href="http://nimbusclinics.com/">nimbusclinics.com/</a>	50% off chiropractic or sports therapy assessment 10% sports therapy 5% off chiropractic
Leisure and Recreation				
High Beeches	High Beeches Lane, Handcross, West Sussex RH17 6HQ	01444 400589	<a href="http://highbeeches.com">highbeeches.com</a>	Carers get in free when visiting with person they care for
Retail				
Mary Kay Skincare and Cosmetics	Online skincare and cosmetic company	07503 387409 (Caroline Phillips)	<a href="http://marykay.co.uk">marykay.co.uk</a>	20% discount on purchases
Recline@eeze	53 The Martlets, Burgess Hill, RH15 9NN	0330 1246 246	<a href="http://reclineateeze.co.uk/">reclineateeze.co.uk/</a>	5% discount on purchases on recliners, riser recliners, sofas, chairs and adjustable beds
Kamsons Pharmacy - Bolding Way	Vale Primary Care Centre, Bolding Way, Haywards Heath, West Sussex, RH16 4SY	01444 412444	<a href="http://kamsons.co.uk">kamsons.co.uk</a>	10% discount on retail items (not prescription charges)
Kamsons Pharmacy - Northlands	38 Larch Way, Northlands Avenue, Haywards Heath, West Sussex, RH16 3TY	01444 453280	<a href="http://kamsons.co.uk">kamsons.co.uk</a>	10% discount on retail items (not prescription charges)

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First Call Inks Ltd	Online Shop	01323 430060	<a href="http://firstcallinks.co.uk">firstcallinks.co.uk</a>	15% off purchases. Offer code 430060 5% off all online purchases using code carers5
Discount Home Textiles	Online Shop	0161 222 8891	<a href="http://discounthometextiles.co.uk">discounthometextiles.co.uk</a>	1) £100 trade in on your old boiler 2) or 1st annual service free of charge.
Household				
Vertex Plumbing and Heating Specialist	Cover all of West Sussex	07771 429555	<a href="http://vertexplumbingandheating.co.uk">vertexplumbingandheating.co.uk</a>	3) Recommend a friend and receive £50 cash back *Dementia Friendly Trained Company
Transport				
Henfield Village Cars Ltd	Pick up from areas around Henfield	01273 491888	<a href="http://henfieldvillagecars.co.uk">henfieldvillagecars.co.uk</a>	10% discount on any journeys under £60 Valid: 06:00 - 21:00 Hrs Monday to Thursday 06:00 - 16:00 Hrs Friday & Saturday Any hours on a Sunday

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AirCon Re-Gas (part of AC Services of West Sussex)	Fully mobile air conditioning service and re-gas across all of West Sussex	01403 801403	<a href="http://aircon-regas.co.uk/">aircon-regas.co.uk/</a>	10% discount on all services offered. Make sure to mention Carer Discount Card holder at time of booking to receive discount
Billingshurst Recovery (part of AC Services of West Sussex)	Roadside Assistance and Breakdown Service Sussex Car and Van Towing	01403 801403	<a href="http://billingshurstrecovery.co.uk/">billingshurstrecovery.co.uk/</a>	10% discount on all services offered. Make sure to mention Carer Discount Card holder at time of booking to receive discount

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